



Patients Get the Right Medication the First Time

No two people have the same DNA, so everyone processes medications differently. This can lead to unwanted side effects, a long period of trying different medicines to feel better, and frustrated patients possibly deciding to skip treatment. To solve this problem, True Rx Health Strategists offers True Genomics, a gene-based medication service.

How Does True Genomics Work?

True Genomics uses a technology called pharmacogenomics. Specific genes determine how an individual processes certain medications. Health care providers use this information to select the most effective medication the first time, eliminating guesswork and side effects.

Simple, Private, and Secure

A True Rx clinical coordinator sends a personalized letter to members eligible for True Genomics. The letter includes step-by-step instructions for requesting a genetic profile kit by visiting truerx.com/pgx-request. It also includes a convenient QR code.

- ✓ The member receives a kit and instructions in the mail. They simply swab their cheek and return the swab in a prepaid envelope.
- ✓ Approximately 30 genes are tested to see how an individual's body will respond to certain medications.
- ✓ A True Rx clinical pharmacist calls the patient for a personal consultation to review results. With the patient's permission, the clinical pharmacist will provide results to the patient's health care provider.



ALL GENETIC INFORMATION IS PROTECTED.

The patient, a True Rx pharmacist, and the patient's doctor are the only people who see the results.
Information is never shared and remains secure.

Who Can Benefit From True Genomics?



1 in 5 patients could have a gene interaction with medication and **would benefit from True Genomics.**

Common types of medications analyzed by True Genomics include:

- ✓ Statins
- ✓ Antidepressants
- ✓ Blood pressure medications
- ✓ Oral chemotherapy
- ✓ Chronic pain medications
- ✓ ADHD/ADD medications

Patients know they are getting the right medication the first time.

Your employees will have fewer trips to the doctor, fewer side effects, and the most effective medication. The result is happier and healthier employees!

Turn Health Costs into Health Investments.

If you have questions about True Genomics, contact us at
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